

# Due: January 6, 2025

## Intermediate Orchestra

### Practice Log 1 – 3<sup>rd</sup> Quarter – 200 points



\*\*\*NOTE: There is a "back" side to this assignment for 100 points. See Holiday Family Recital\*\*\*

**Instructions:**

1. Always have the Practice Sheet with you when you practice.
2. Write the date in the top square.
3. When you are done practicing, look at the time and write in the time in the bottom square
4. You must practice at least 8 different days to earn the grades.
5. Write down the dates you are out of town. You will only receive credit if you **plan ahead** to get as much time as possible before and after your trip.

<b>Write in Date on each day you practice</b>																			
<b>EXCELLENT POSTURE &amp; POSITION</b>																			
<b>Exercises:</b> Ghost Slides Spiders & Crabs * Silent String Crossings * Circles What other exercises can you remember? <u>You must practice your instrument for exercises to count.</u> <i>Only 4 minutes a day on exercises.</i>																			
<b>Concert Songs</b> Russian Dance Tune*Snow Suite*Truckee River Hop																			
<b>Holiday Songs</b> Jolly Old St. Nick * Up on the House Top * Joy to the World																			
<b>Take a Bow</b> Work especially on the back ups and harmonies																			
<b>Ninja – Listen every day</b> Work on counting and bowings																			
Practicing for PRIVATE LESSONS/JHO/YSS																			
<b>Write in Daily Time:</b>																			

Grades: You must practice **8** or more different days to earn these grades.

More than 200 minutes = Extra Credit, 160-200 minutes = A, 140-159 minutes = B, 120-139 minutes = C, 100-119 minutes = D, Less than 100 minutes = F

Parent Signature \_\_\_\_\_ Student Signature \_\_\_\_\_

**ADD TOTAL TIME:**

**EXTRA CREDIT:** Practice with Friend(s) or Family Member(s) Names of people you practiced with \_\_\_\_\_ Time Practiced \_\_\_\_\_