

Due: January 6, 2024

Advanced Orchestra

Practice Sheet 1 – 3rd Quarter – 200 points



NOTE: There is a "back" side to this assignment for 100 points. See Holiday Family Recital

Instructions:

1. Always have the Practice Sheet with you when you practice.
2. Write the date in the top square.
3. When you are done practicing, look at the time and write in the time in the bottom square
4. You must practice at least 8 different days to earn the grades.
5. Write down the dates you are out of town. You will only receive credit if you **plan ahead** to get as much time as possible before and after your trip.

Write in Date on each day you practice																			
EXCELLENT POSTURE & POSITION																			
Exercises: Circles * Spiders & Crabs * Silent String Crossings Ghost Slides * Ghost Slide Pivots What other exercises can you remember? <u>You must practice your instrument for exercises to count.</u> <i>Only 4 minutes a day on exercises.</i>																			
Concert Songs Icicles * Finnegan's Wake * Santa the Barbarian																			
Holiday Songs																			
Take a Bow Review Songs – Melodies & Harmonies																			
Dragon Dances Dragon Dances is for festival!!!																			
Music from any other school year																			
Practicing for PRIVATE LESSONS/JHO/YSS																			
Write in Daily Time:																			

Grades: **You must practice 8 or more different days to earn these grades.**

More than 200 minutes = Extra Credit, 160-200 minutes = A, 140-159 minutes = B, 120-139 minutes = C, 100-119 minutes = D, Less than 100 minutes = F

Parent Signature _____ Student Signature _____

ADD TOTAL TIME:

EXTRA CREDIT: Practice with Friend(s) or Family Member(s) Names of people you practiced with _____ Time Practiced _____