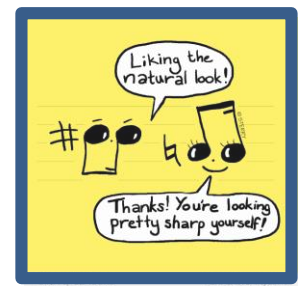


Practice Sheet 5 – 3rd Quarter
Due: March 6, 2017
ADVANCED Orchestra – 200 points
Festival – March 9th



TOPIC	M	T	W	TH	F	S	S	M	T	W	Th	F	S	S
DATE:	20	21	22	23	24	25	26	27	28	1	2	3	4	5
Vibrato Ghost Slides 25-50 repetitions Ghost Slide Pivots Wiggle Worms														
Bow Exercises Circles with the Bow 25X Silent String Crossings 25X Spiders & Crabs 3X														
STONE PROJECT – Play Scale on Lane 2 & 4 with full bow														
Ringing G & D														
D-Scale – Posture & bow position! RED*BLUE*YELLOW Lane 2 * Full Bow * Heavy Bow * Past tapes														
Review String Basics: #1-16 <i>Lane 2, 10% more bow, ringing intonation</i> Write in song #s each day. If you do this, you will get extra credit.														
Pirates' Plunder #15														
Missouri Morning														
Creatures Listen & Practice * Finger Patterns														
Practicing for (if you are a member) JHO, YSS, YCO, YSO or Golden Strings <small>(rehearsal time does not count toward practice time)</small>														
<i>Practicing for Private Lessons</i>														
Write in Daily Time:														

TOTAL TIME IN MINUTES:

You must practice 8 or more different days over two weeks to earn these grades.

More than 240 minutes = Extra Credit *160 – 240 minutes = A *140 – 159 minutes = B

*120 – 139 minutes = C *100-119 minutes = D *Less than 100 minutes = F

Signatures are required for the grade.

Parent Signature _____

Student Signature _____