

Practice Sheet 2 – 3rd Quarter
Due: January 23, 2017
ADVANCED Orchestra – 200 points
*****See Assignment on Back – 50 Points*****



TOPIC	M	T	W	TH	F	S	S	M	T	W	Th	F	S	S
DATE:	28	29	30	1	2	3	4	5	6	7	8	9	10	11
Vibrato Ghost Slides 25-50 repetitions Ghost Slide Pivots Wiggle Worms														
Bow Exercises Circles with the Bow 25X Silent String Crossings 25X Spiders & Crabs 3X														
Ringing G & D														
D-Scale – Posture & bow position! RED*BLUE*YELLOW Lane 2 * Full Bow * Heavy Bow * Past tapes														
Review String Basics: #1-16 <i>Lane 2, 10% more bow, ringing intonation</i> Write in song #s each day. If you do this, you will get extra credit.														
Happy Blues Swing														
Harvest Home Hornpipe Tempo														
Creatures Listen & Practice * Finger Patterns														
Beethoven Dance Party At the frog, heavy spiccato														
Practicing for (if you are a member) JHO, YSS, YCO, YSO or Golden Strings (rehearsal time does not count toward practice time)														
<i>Practicing for Private Lessons</i>														
Write in Daily Time:														
RUBRIC FOR EFFORT														
RUBRIC FOR ACHIEVEMENT														

TOTAL TIME IN MINUTES:

You must practice 8 or more different days over two weeks to earn these grades.
 More than 240 minutes = Extra Credit *160 – 240 minutes = A *140 – 159 minutes = B
 *120 – 139 minutes = C *100-119 minutes = D *Less than 100 minutes = F

Signatures are required for the grade.

Parent Signature _____

Student Signature _____