

# Practice Sheet 3 – 2<sup>nd</sup> Quarter

## Due: November 28, 2016

### ADVANCED Orchestra – 200 points



TOPIC	M	T	W	TH	F	S	S	M	T	W	Th	F	S	S
<b>DATE:</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Vibrato</b> Ghost Slides 25-50 repetitions Ghost Slide Pivots Wiggle Worms														
<b>Bow Exercises</b> Circles with the Bow 25X Silent String Crossings 25X Spiders & Crabs 3X														
<b>Ringing G &amp; D</b>														
<b>D-Scale – Posture &amp; bow position!</b> <b>RED*BLUE*YELLOW</b> Lane 2 * Full Bow * Heavy Bow * Past tapes														
<b>Review String Basics: #1-14</b> <i>Lane 2, 10% more bow, ringing intonation</i> Write in song #s each day.														
<b>#12 March of the Kings</b> In tune!!! Martele bow stroke														
<b>#15 Pirates' Plunder</b> Correct Slurs														
<b>#16 Knight of the Castle</b> Slurs, dynamics														
<b>Fum, Fum, Fum</b> Listen & Practice * Rhythm														
<b>Creatures</b> Listen & Practice * Finger Patterns														
<b>Treaty of Paris</b> See YouTube for lessons Link is on <a href="http://www.billinghurstorchestras.org">www.billinghurstorchestras.org</a>														
Practicing for <small>(if you are a member)</small> JHO, YSS, YCO, YSO or Golden Strings <small>(rehearsal time does not count toward practice time)</small>														
<i>Practicing for Private Lessons</i>														
<b>Write in Daily Time:</b>														

**TOTAL TIME IN MINUTES:**

You must practice 8 or more different days over two weeks to earn these grades.  
 More than 240 minutes = Extra Credit \*160 – 240 minutes = A \*140 – 159 minutes = B  
 \*120 – 139 minutes = C \*100-119 minutes = D \*Less than 100 minutes = F

**Signatures are required for the grade.**

Parent Signature \_\_\_\_\_

Student Signature \_\_\_\_\_