


Practice Sheet 6 – 3rd Quarter
Due February 24, 2020 – ZONE Feb 20th
ADVANCED ORCHESTRA - 200 points



TOPIC	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S
DATE:	10	11	12	13	14	15	16	17	18	19	20	21	22	23
EXERCISES Ghost Slides 25-50 repetitions Ghost Slide Pivots 25 repetitions Wiggle Worms Circles 25-50/day														
TONE * Finger Patterns – Red*Blue*Red*U Yellow *Red Lane 2 – full, heavy, <u>fast</u> bow 														
REVIEW & IMPROVE – LEFT HAND POSITION FOCUS Successful Ensembles - #1-16 Gypsy Moon Patapan														
Hey Fiddle Fiddle – ZONE Counting														
Pink Panther - ZONE Write in finger patterns and any other help														
Don't Stop Believin' - ZONE How you use the bow matters														
Practicing YSS, YCO, YSO, GS, JHO (rehearsal time does not count toward practice time)														
Practicing for Private Lessons														
Write in daily time:														

You must practice 4 or more different days over one weeks to earn these grades.

TOTAL TIME IN MINUTES:

More than 240 minutes = Extra Credit *160-240 minutes = A

*140-159 minutes = B *120-139 minutes = C *100-119 minutes = D *Less than 100 minutes = F

Better than
a zero!

Signatures are required for the grade:

Parent Signature _____

Student Signature _____

Extra Credit: Practice with a friend/relative. Time does not count for individual practice (above).

Friend I practiced with: _____ Date: _____ How long? _____

(Private lessons or tutoring counts for Practicing a Friend/Relative.)